

Talk Well

**Parents** 

## **Talking to Teenagers about Money Stress**

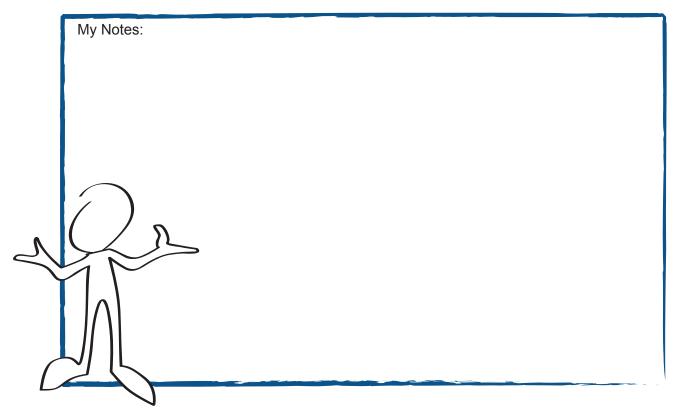
## What You'll Learn

- 1. Examples of money stress
- 2. Helpful ways to solve money problems
- 3. Ways to make good money choices during stressful money times

## **Talk About It**

## Ask your teenager:

- What has been the most stressful money situation you've had?
- · What did you do during that stressful time?
- · How do you try to avoid money stresses?



Visit www.bankit.com for more information on making positive money choices.



