

# Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline

Welcome and Overview (Slides 2-4)

Activity (Slides 5-8)

Present (Slides 9-15)

Discuss (Slide 16)

Review and Evaluate (Slides 17-22)

Close (Slide 23)





Protect Well

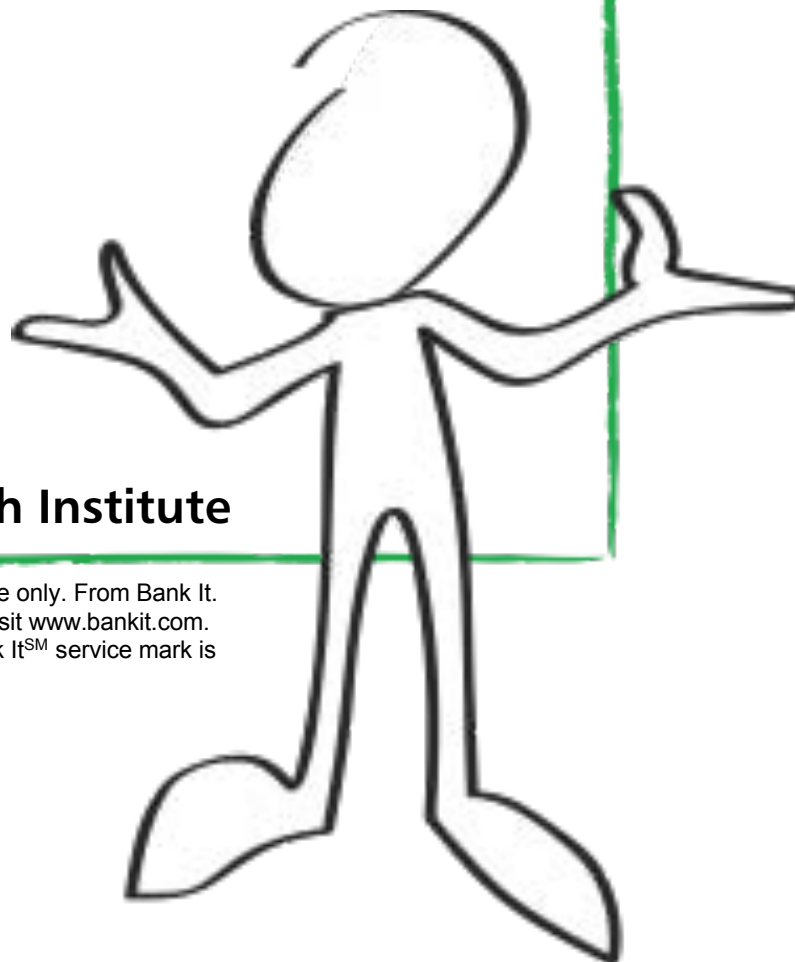
# Welcome to Bank It

## Protecting Your Health and Your Life

2-PR-PT

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# Welcome and Overview

## What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand,
- Talk about, and
- Manage your money.

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# Welcome and Overview

Three goals for today:

1. Identify what health insurance is.
2. List at least two examples of what health insurance may cover.
3. Identify what life insurance is.



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# Activity

What is health insurance?



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# Activity

Why do people need health insurance?



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# Activity

Agree or Disagree



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# Activity

What does health insurance typically cover?



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# Present

Where do people usually get health insurance?



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# Present

Why is health insurance such a hot topic in the news today?



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# Present

What is life insurance?



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# Activity

Why is life insurance important?



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# Present

Two major types of life insurance:

1. Term life
2. Cash value



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# Present

What is a premium?



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# Present

What is a beneficiary?



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# Discuss

Turn to talk to someone near you.

1. Say your first name.
2. Say what you think of health and life insurance.



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# Review and Evaluate

## What is health insurance?

Health insurance is a type of insurance that pays for medical expenses.



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# Review and Evaluate

Why do people need health insurance?

- People get sick.
- Accidents happen.
- It's important to have checkups to stay well.
- Being uninsured puts you at great risk for potential money problems.



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# Review and Evaluate

What are examples of what health insurance cover?

- Well doctor visits
- Immunizations
- Doctor visits within a network
- Prescription drugs
- Emergencies
- Surgeries
- Vision
- Dental



# Review and Evaluate

## What is life insurance?

Life insurance is a way to protect your loved ones upon your death.



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# Review and Evaluate

## Why do people need life insurance?

- To pay off funeral and burial expenses.
- To provide for your loved ones financially, particularly if you have a job and bring in income.
- To pay off a major debt, such as a mortgage (for a house) or education expenses (like college).



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# Review and Evaluate

## What is a beneficiary?

A person who receives the money from your life insurance policy when you die.



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# Close

How do you plan to protect the health and lives of people you care about?



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