

Talk Well

Talking to Teenagers about Money Stress

What You'll Learn

1. Examples of money stress
2. Helpful ways to solve money problems
3. Ways to make good money choices during stressful money times

Talk About It

Ask your teenager:

- What has been the most stressful money situation you've had?
- What did you do during that stressful time?
- How do you try to avoid money stresses?

My Notes:



Visit www.bankit.com for more information on making positive money choices.