

Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline

Welcome and Overview (Slides 2-4)

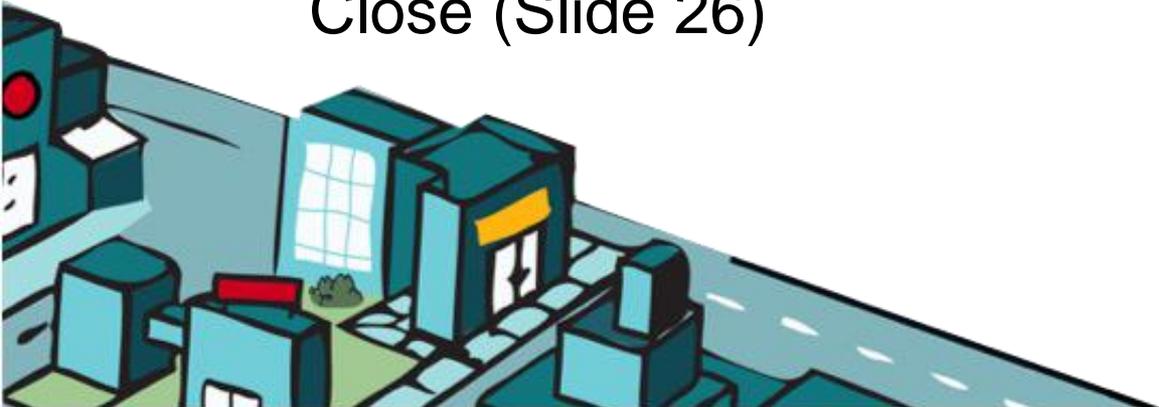
Activity (Slide 5)

Present (Slides 6-19)

Discuss (Slide 20)

Review and Evaluate (Slides 21-25)

Close (Slide 26)



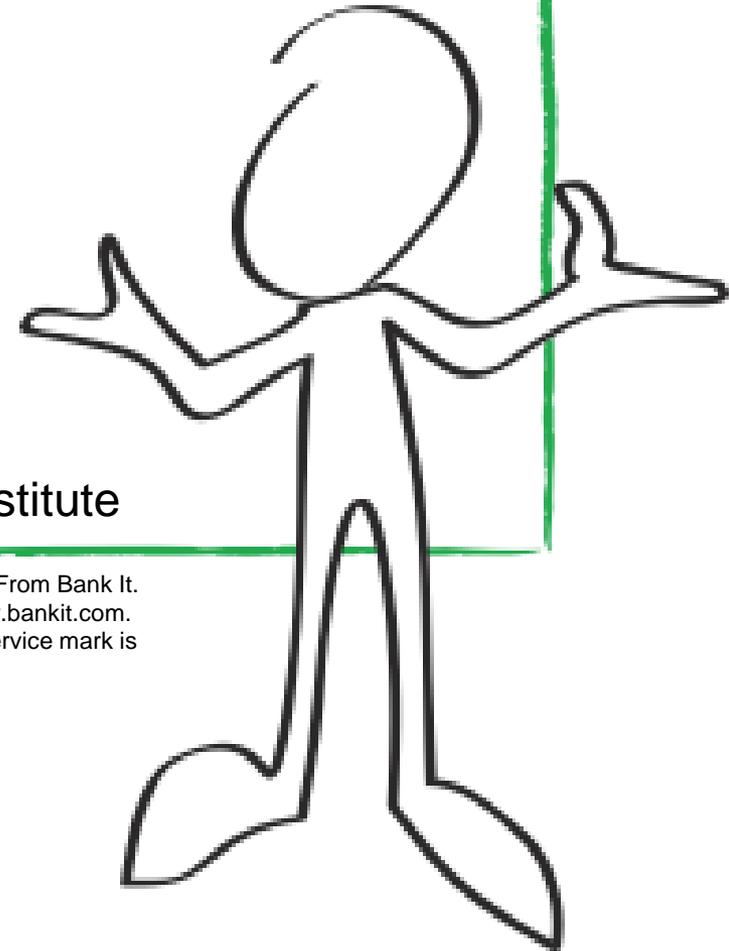
— Live Well —

Welcome to Bank It

The Power of the 40 Developmental Assets

2-LI-T

Sponsored by Capital One and Search Institute



Permission to photocopy this handout granted for individual and educational use only. From Bank It. Copyright © 2010 by Capital One and Search Institute. For more information, visit www.bankit.com. Capital One® and Search Institute® are federally registered service marks. Bank ItSM service mark is pending. All rights reserved.



Welcome and Overview

What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand,
- Talk about, and
- Manage your money.

From Capital One and Search Institute



Welcome and Overview

Three goals for today:

1. Name why Developmental Assets are powerful.
2. Describe what risky behaviors are.
3. Identify examples of good behavior.



Activity

Thumbs Up or Down



Present

What do teens need to succeed?

The 40 Developmental Assets

Source: Search Institute



Present

Why do Developmental Assets matter?

The more Developmental Assets kids have, the more likely they will succeed in life.

Source: Search Institute



Present

How do we know Developmental Assets matter?

More than three million teenagers across North America have had their Developmental Assets measured since 1989.

Source: Search Institute



Present

Kids with a lot of Developmental Assets are:

1. More likely to make positive choices
2. Less likely to get into trouble
3. More likely to bounce back from hard stuff

Source: Search Institute



Present

With more Developmental Assets, teens are less likely to:

Engage in 24 risky behaviors

Source: Search Institute

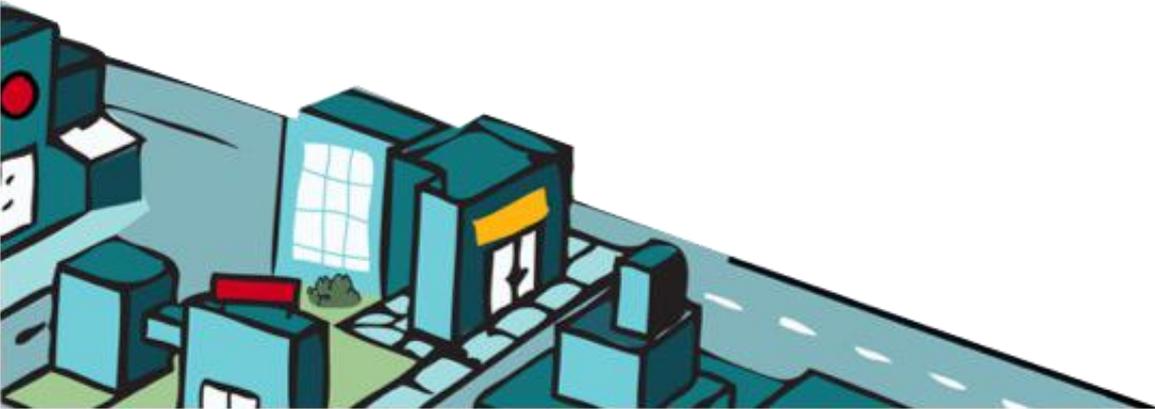


Present

With more Developmental Assets, teens are less likely to:

- Use alcohol
- Use marijuana
- Smoke cigarettes
- Use smokeless tobacco
- Use inhalants
- Get drunk

Source: Search Institute

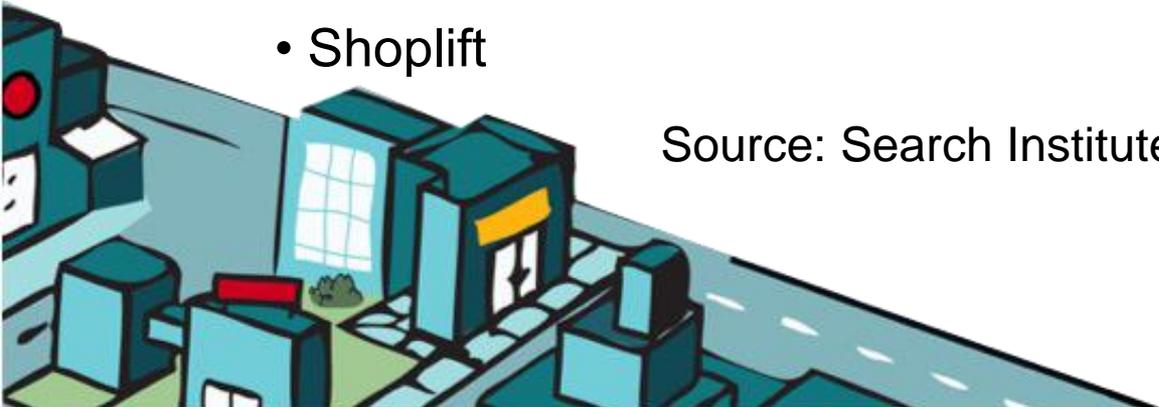


Present

With more Developmental Assets, teens are less likely to:

- Use other illicit drugs
- Drive after drinking alcohol
- Ride with a driver who has been drinking alcohol
- Have sexual intercourse
- Vandalize
- Shoplift

Source: Search Institute



Present

With more Developmental Assets, teens are less likely to:

- Get into trouble with the police
- Hit someone
- Physically hurt someone
- Carry a weapon
- Use a weapon
- Participate in a group fight

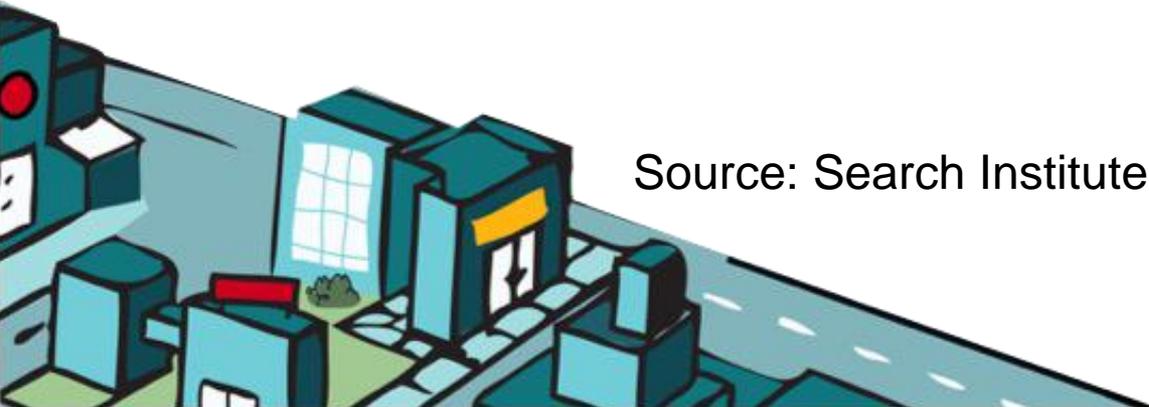
Source: Search Institute

Present

With more Developmental Assets, teens are less likely to:

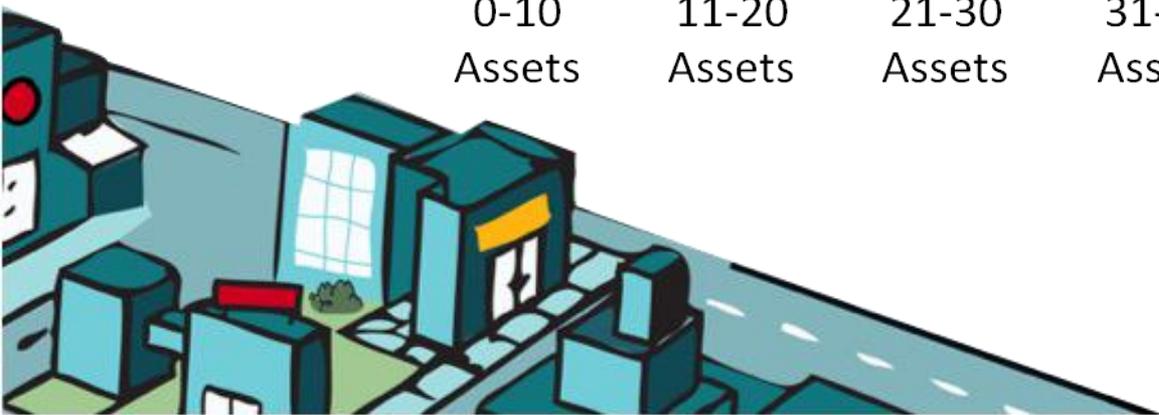
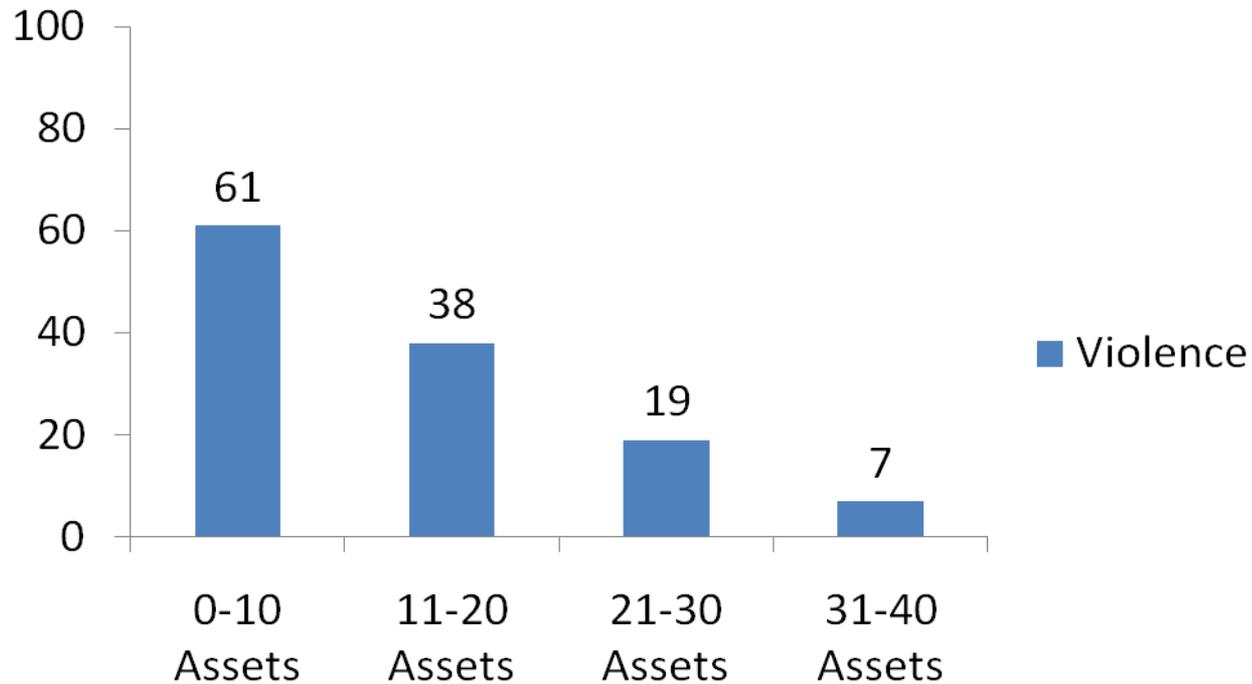
- Threaten to hurt someone
- Skip school
- Gamble
- Have an eating disorder
- Feel depressed
- Attempt suicide

Source: Search Institute



Present

The Power of Assets to Protect



Present

With more Developmental Assets, teens are more likely to:

Act in eight positive ways

Source: Search Institute



Present

With more Developmental Assets, teens are more likely to:

- Help others
- Overcome adversity (difficulty)
- Exhibit leadership
- Value diversity

Source: Search Institute



Present

With more Developmental Assets, teens are more likely to:

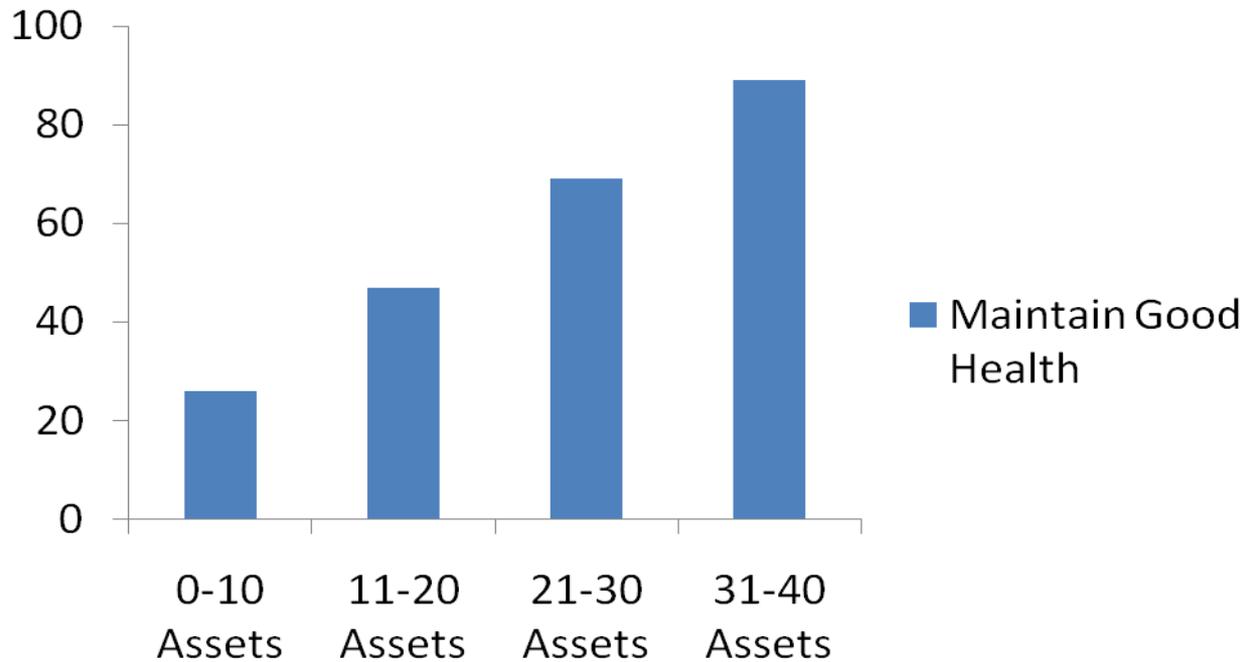
- Maintain good health
- Delay gratification
- Resist danger
- Succeed in school

Source: Search Institute



Present

The Power of Assets to Promote



Discuss

Turn to talk to someone near you.

1. Say your first name.
2. Say the number one thing you want your teenager to do in life.



Review and Evaluate

How do the Developmental Assets help you?

1. Stay away from trouble
2. Make good choices
3. Bounce back from hard times

Source: Search Institute



Review and Evaluate

What are risky behaviors?

- Bad ways to act
- Trouble

Source: Search Institute



Review and Evaluate

What are some examples of risky behaviors?

- Taking drugs
- Using alcohol
- Having sexual intercourse
- Skipping school

Source: Search Institute



Review and Evaluate

What are some examples of good behaviors that we talked about today?

- Succeeding in school
- Helping others
- Resisting danger

Source: Search Institute

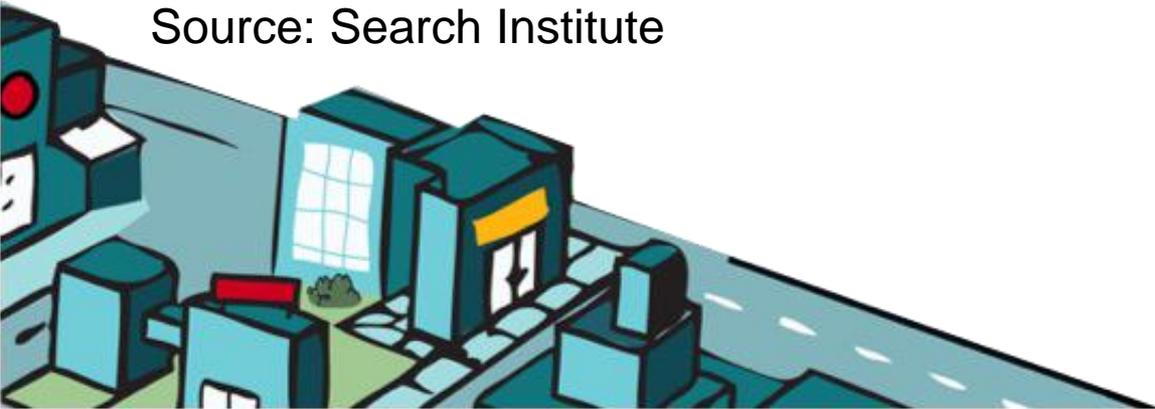


Review and Evaluate

How can Developmental Assets lead you to making positive money choices?

- Teenagers are more likely to save and spend money well.
- Teenagers are less likely to lose money and spend money foolishly.

Source: Search Institute



Close

What kind of person do you want be?



2-LI-T

